

RECORD OF EXPEDITION LEADERSHIP SKILLS

(incl. Training and Camps)

Page No:

DATE	REGION	GROUP	STATUS	Description - Weather, route, group details, notable events	LENGTH OF TRAINING	CAMP	600m
12 / 07 2004	Sqn HQ	Air Cadets	Instructor	Introduction and Map Basics	3 Hours		
24 / 07 2004	Sqn HQ	Air Cadets	Member	Tents : putting up and Pitching	3 Hours		
26 / 07 2005	Sqn HQ	Air Cadets	Leader	Grid References, Relief and Gradients	3 Hours		
09 / 08 2006	Sqn HQ	Air Cadets	Instructor	Cooking and Stoves	3 Hours		
16 / 08 2006	Sqn HQ	Air Cadets	Instructor	Cooking and Stoves	3 Hours		
21 / 08 2006	Sqn HQ	Air Cadets	Member	Equipment and Clothing	3 Hours		
28 / 08 2006	Sqn HQ	Air Cadets	Instructor	Equipment and Clothing	3 Hours		
13 / 09 2006	Sqn HQ	Air Cadets	Instructor	Country Code and Expedition Planning	3 Hours		
18 / 09 2006	Scout Hut local area	Local Scout Group	Assistant	Assisting with Expedition Planning and Bearing on Maps to support local scout group	3 Hours		
20/22 09 2006	Wensley Dale Yorkshire	Air Cadets	Leader	Pen - Y - Gent (694) 10m vis rain cold	2 days	3	1
27/28 09 2006	Rhinogs Wales	Air Cadets	Instructor	Clear Sunny good vis Gold D of E Route checking	2 days	2	2
04/05 10 2006	Rough Close	Air Cadets	Instructor	Green Camp Activities	2 days	2	
09 / 10 2006	Sqn HQ	Air Cadets	Instructor	Presentation to Parents about Expedition and Casualty Simulations	3 Hours		
23 / 10 2006	Snowdonia Wales Cadair Idris	Self	Solo	Very hot, one day walk, good clear vis, navigation with map and pacings	1 day		2
25/26 10 2006	Brecon Beacons Wales	Air Cadets	equal	Training for WGL poor weather conditions navigation with map, pacings and timings	2 days		3
01 / 11 2006	Sqn HQ	Air Cadets	Instructor	Final Expedition Check	3 Hours		
03/07 11 2006	Leicestershire	Air Cadets	Leader	Camping at Fox Coverts near Kirby Mallory	5 days	4	
04/10 11 2006	Derbyshire Peak District	Air Cadets	Member	Cadets walk a D of E Bronze Expedition and some on IET Training Walk and then cooking for themselves and camping	7 days	6	
05/06 11 2006	Derbyshire Peak District	Air Cadets	Leader	Cadets walk a D of E Bronze Expedition and some on IET Training Walk and then cooking for themselves and camping	2 days	6	
Totals showing number of days and hours walked, Camped and climbs at or over 600m					25 days & 9 hrs	23	8